

# Supporting Loved Ones

A web-based group for partners, spouses, adult children, parents and friends who are supporting their loved ones living with chronic illness and ongoing health challenges  
facilitated by Skye White, MSW, LICSW

4th Monday of each month

5- 6pm PST / 8-9 EST

This group is virtual and is open to loved ones living anywhere!

To sign up, visit:

[www.thecenterforchronicillness.org/groups](http://www.thecenterforchronicillness.org/groups)

Please contact us with any questions or to sign up at (425) 296-2705 or [info@thecenterforchronicillness.org](mailto:info@thecenterforchronicillness.org)

This program is free of cost.



Center for  
Chronic Illness

