

Chronic Illness Symposium Agenda - Day 1  
Mental Health / Healthcare Provider Track  
Friday, April 17, 2026

TIME	PROGRAM	SPEAKERS
<b>9:00-9:30am PST / noon-12:30pm EST</b>	Keynote: The Power of Story: Finding Connection and Community in Chronic Illness	Allison Fine, MSW, LICSW Executive Director & Founder, Center for Chronic Illness
<b>9:30-10:30am PST / 12:30-1:30pm EST</b>	Across Lived Experience: A Patient Panel on Managing Chronic Illness	Moderator: Kaly Ryan Speakers: Kimberley John, Michelle Haynes, Nathan Dorband
	Caregiver Panel: Caring for Someone with Chronic Illness	Moderator: Alice Allen-Redfern, MSW, LICSW Speakers: Aaron Blight, EdD, Albert Freedman, PhD, Charlotte Bayala
<b>10:30-11:00am PST / 1:30-2:00pm EST</b>	Break / Rest  Visit Virtual Exhibitors	

Chronic Illness Symposium Agenda - Day 1  
Mental Health / Healthcare Provider Track Continued  
Friday, April 17, 2026

TIME	PROGRAM	SPEAKERS
<b>11:00am-noon PST / 2:00-3:00pm EST</b>	Chronic Migraine Care, a Panel Discussion: Patient Experiences and Clinical Perspectives (1 CEU)	Moderator: Riley Rheta, MSW Speakers: Morgan Fitzgerald, Jennifer Warner, LCSW, LICSW, Anikah Salim, PhD
	Hypermobility Spectrum Disorder (HSD) and hypermobile Ehlers Danlos Syndrome (EDS): How to recognize and manage the “Triad” (1 CEU)	Sarah Cohen Solomon, MD, FAAP
<b>Noon-1pm PST / 3-4pm EST</b>	Lunch / Snack / Rest break Visit Virtual Exhibitors Networking Opportunities	

Chronic Illness Symposium Agenda - Day 1  
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Friday, April 17, 2026

TIME	PROGRAM	SPEAKERS
<b>1:00-2:00pm PST / 4:00-5:00pm EST</b>	Understanding Pain: Acute and Chronic Experiences and Care - A Panel Discussion	Moderator: Eileen Davidson Speakers: Cheryl Crow, OTR/L, Melissa Talwar, Cheryl Marker
	Beyond Coping: A Whole Person Approach to Chronic Illness Therapy (1 CEU)	Tacha Kasper, LMFT
<b>2:00-2:30pm PST / 5:00-5:30pm EST</b>	Break / Rest  Visit Virtual Exhibitors	
<b>2:30-3:30pm PST / 5:30-6:30pm EST</b>	When Chronic Illness Impacts Sexuality: Supporting Identity, Autonomy, and Dignity in Care (1 CEU)	Speaker: Kelly Hill, MA, LMHC, CST, CSE

Chronic Illness Symposium Agenda - Day 2  
Mental Health / Healthcare Provider Track Continued  
Saturday, April 18, 2026

TIME	PROGRAM	SPEAKERS
<b>9:00-9:30am PST / 12:00-12:30pm EST</b>	Keynote - VISIBLE Advocacy: Reclaiming Confidence and Voice While Living with Chronic Illness	Sheena Yap Chan
<b>9:30-10:30am PST / 12:30-1:30pm EST</b>	Chronic Pain in the Counseling Room: Trauma-Informed, Client-Centered Approaches for Mental Health Counselors (1 CEU)	Aisha Khorana, M.Ed., PLPC
	Hormones & Chronic Illness: A Framework for Whole-Patient Care (1 CEU)	Caylin Cheney, ARNP
<b>10:30-11:00am PST / 1:30-2:00pm EST</b>	Break / Rest  Visit Virtual Exhibitors  Networking Opportunities	

Chronic Illness Symposium Agenda - Day 2  
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TIME	PROGRAM	SPEAKERS
<b>11:00am-noon PST / 2:00-3:00pm EST</b>	When Care Causes Harm: The Impact of Medical Gaslighting and Trauma on Chronic Illness (1 CEU)	Moderator: Alexandra Wildeson Speakers: Alec Bradbury, FNP-BC, Ilana Jacqueline, Chelsea Kramer, LMFT, PMH-C
	Addressing Caregiver Burnout - A Caregiver Panel	Moderator: Nichole Goble Speakers: Liz Morasso, LCSW, Barry Jacobs, PsyD, Jacquelyn Revere
<b>Noon-1pm PST / 3-4pm EST</b>	Lunch / Snack / Rest break Visit Virtual Exhibitors Networking Opportunities	
	Self-Care Session - Rewriting the Body's Story: Writing and Meditation for Chronic Illness Resilience	Speaker: Vincent Bain

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TIME	PROGRAM	SPEAKERS
<b>1:00-2:00pm PST / 4:00-5:00pm EST</b>	Complex Minds and Bodies: When Chronic Illness and Neurodivergence Overlap (1 CEU)	Speaker: Kerry Heckman, MSW, LICSW
<b>2:00-2:30pm PST / 5:00-5:30pm EST</b>	Break / Rest  Visit Virtual Exhibitors	
<b>2:30-3:30pm PST / 5:30-6:30pm EST</b>	Helping Couples Thrive Amidst Chronic Illness (1 CEU)	Lisa Gray, LMFT
<b>3:30-4:00pm PST / 6:30-7:00pm EST</b>	Symposium Closing	