



Center for Chronic Illness

2019 Annual Report

Mission, Values, & Governance

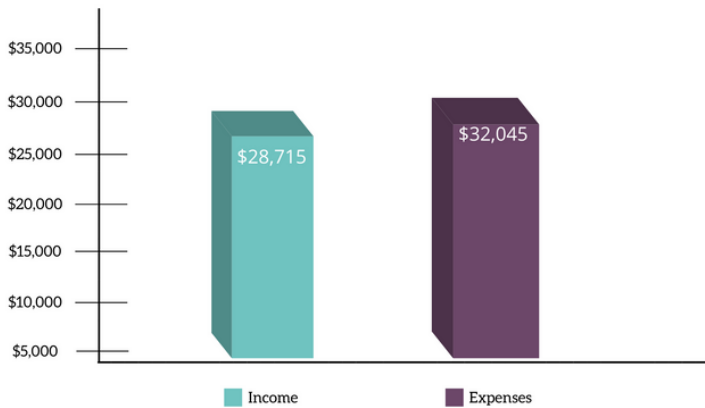
MISSION: The Center for Chronic Illness promotes well-being and decreases isolation for those impacted by chronic illness through support and education. We offer free, professionally-facilitated support groups.

VALUES: Compassion, Respect, Empowerment, Inclusion, Community

GOVERNANCE: The Center for Chronic Illness had eight board members during the 2019 year, including three new directors: Alison Ryan, Deepa Yerram, and Caroline Kasman.



2019 Income and Expenses



Financial Report

In 2019, the Center for Chronic Illness brought in \$28,715 and spent \$32,045. We started off 2019 with a reserve of a few thousand dollars from 2018, not included in this income total. These numbers are compared to our \$22,564 raised in 2018 and \$12,150 raised in 2017. Our organization continues to be supported by the community, as 70% of our funding comes from our individual donors, and 80% of the total funding we received went to program-related costs (planning, executing, and marketing). At the end of the year we were notified we would be receiving in early 2020, a \$15,000 corporate donation and a \$5,000 grant from the Reeve Foundation.

Center for Chronic Illness Support Groups

Free, professionally-facilitated, monthly support groups for those impacted by ongoing health challenges

Living with Chronic Illness
4th Wednesday, 6:30-7:30pm (Capitol Hill)
4th Monday, 7-8pm (web-based)

Living Mindfully with Chronic Illness
2nd Tuesday, 7-8pm (web-based)
3rd Wednesday, 3-4pm (Kirkland)
4th Tuesday, 7-8pm (Northgate)

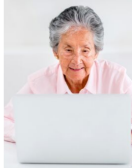
Rare Chronic Illness
2nd Thursday, 4-5pm (web-based)
2nd Friday, 1:30-2:30pm (Greenwood)

Parenting Chronic Illness
2nd Monday of each month, 6-7pm (Queen Anne)

College Students with Chronic Illness
1st and 3rd Tuesdays, 4-5pm (U-District)

Visit www.supportgroupscentral.com/CCI to sign up for our web-based support groups.

For more information, visit www.thecenterforchronicillness.org or contact us with questions at (425) 296-2705 or info@thecenterforchronicillness.org.



CCI Programs

By the end of 2019, the Center for Chronic Illness was offering seven in-person support groups and three web-based support groups. In October 2019, we launched a new Parenting Chronic Illness Support group at Seattle Children's Hospital for parents who have children in the hospital due to chronic illness. The new group is offered to both parents at Seattle Children's as well as families staying at the Ronald McDonald House. We plan to continue building our programming both in the greater Seattle area and on the web as funding allows. We would like to say a special thank you to EvergreenHealth, Seattle Children's Hospital, CancerLifeline, the Seattle Public Library Capitol Hill and Greenwood branches, and Cancer Lifeline, for welcoming our programs into your offices and meeting spaces.



Center for Chronic Illness

Thank You to Our 2019 Supporters!

Randy Adamson
Stephanie Alleman
Lindsey Baker
Sarah Benner
Beka Bielman
Carol Brame
Carole Brennan
Karen Cartwright
Susan Casey
Cathe Clapp
Camilo Cuellar
Sherrie Davidson-Marnoff
Elizabeth Dawson
Karan and Jim
Debra Drayton
Houston Drayton
Matthew Drayton
Momodou Fatty
Emily Fine and Om Mourya
Sara and Robert Fine
Mark Follmer
Dwaine Fombuh
Helen Frank
Russell Gammon
Edward Gignoux
Jay and Ansley Hack
Jennifer Haddon
Adam Halpern and Melissa Burgess
Kathleen Hamilton
Jennifer Handsaker
Alixandra Han
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Katherine Housh
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Jeremy Jake Johnston
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Cassady Kintner
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Ben and Aisha Reuler
Tyler Ritchie
Violet Robb
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Janice and Michael Ryan
Kenneth Ryan
Michelle and David Ryder
Sebastian Sanchez and Lynn Juve
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Crystal Schaeffer
Amy Schlesener
David Schor
Kristan Seibel
Jane Sepede
Mark Sisley
Susan Sheppard
Katie Soltas
Mark Terrano
Julie Thompson
Troyani, Laura and Norris Kamo
Susan Warren-Kirk
Katherine Walter
Miriam Welch
Scott Wilson
Shira Wilson
Deepa Yerram
Maryellen Young
Lauren Zimmer
Gitte Zweig

In memory of Gwen Gordon Drayton



We lost a dear board member, colleague, and friend
on October 7, 2019. We miss you Gwen!



Center *for*
Chronic Illness