

Chronic Illness Symposium Agenda - Day 1
Mental Health / Healthcare Provider Track
Friday, April 17, 2026

TIME	PROGRAM	SPEAKERS
9:00-9:30am PST / noon-12:30pm EST	Keynote: Building a Stronger Chronic Illness Community	Allison Fine, MSW, LICSW Executive Director & Founder, Center for Chronic Illness
9:30-10:30am PST / 12:30-1:30pm EST	Across Lived Experience: A Patient Panel on Managing Chronic Illness Caregiver Panel: Caring for Someone with Chronic Illness	Moderator: Kaly Ryan Speakers: Kimberley John, Michelle Haynes, Nathan Dorband Moderator: Alice Allen-Redfern, MSW, LICSW Speakers: Aaron Blight, EdD, Albert Freedman, PhD, Charlotte Bayala
10:30-11:00am PST / 1:30-2:00pm EST	Break / Rest Visit Virtual Exhibitors	

Chronic Illness Symposium Agenda - Day 1
Mental Health / Healthcare Provider Track Continued
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TIME	PROGRAM	SPEAKERS
<p>11:00am-noon PST / 2:00-3:00pm EST</p>	<p>Chronic Migraine Care, a Panel Discussion: Patient Experiences and Clinical Perspectives (1 CE approved)</p> <p>Hypermobility Spectrum Disorder (HSD) and hypermobile Ehlers Danlos Syndrome (EDS): How to recognize and manage the “Triad”</p>	<p>Moderator: Riley Rheta, MSW Speakers: Morgan Fitzgerald, Jennifer Warner, LCSW, LICSW, Anikah Salim, PhD</p> <p>Sarah Cohen Solomon, MD, FAAP</p>
<p>Noon-1pm PST / 3-4pm EST</p>	<p>Lunch / Snack / Rest break Visit Virtual Exhibitors Virtual Support Group Meeting</p> <p>Self-care session</p>	<p>TBD</p>

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TIME	PROGRAM	SPEAKERS
<p>1:00-2:00pm PST / 4:00-5:00pm EST</p>	<p>Understanding Pain: Acute and Chronic Experiences and Care - A Panel Discussion</p> <p>Beyond Coping: A Whole Person Approach to Chronic Illness Therapy (1 CE pending)</p>	<p>Moderator: TBD Speakers: Cheryl Crow, OT, Melissa Talwar, Cheryl Marker</p> <p>Tacha Kasper, LMFT</p>
<p>2:00-2:30pm PST / 5:00-5:30pm EST</p>	<p>Break / Rest</p> <p>Visit Virtual Exhibitors</p>	
<p>2:30-3:30pm PST / 5:30-6:30pm EST</p>	<p>When Chronic Illness Changes Sexuality: Supporting Identity, Autonomy, and Dignity in Care (1 CE approved)</p>	<p>Speaker: Kelly Hill, MA, LMHC, CST, CSE</p>
<p>3:30-4:00pm PST / 6:30-7:00pm EST</p>	<p>Self-care Session: Mindfulness and Self-Compassion</p>	<p>B. Bartja Wachtel, MSW, LICSW, MHP, CMHS</p>

Chronic Illness Symposium Agenda - Day 2
Mental Health / Healthcare Provider Track Continued
Saturday, April 18, 2026

TIME	PROGRAM	SPEAKERS
9:00-9:30am PST / 12:00-12:30pm EST	Keynote - VISIBLE Advocacy: Reclaiming Confidence and Voice While Living with Chronic Illness	Sheena Yap Chan
9:30-10:30am PST / 12:30-1:30pm EST	Chronic Pain in the Counseling Room: Trauma-Informed, Client-Centered Approaches for Mental Health Counselors (1 CE approved) Hormones & Chronic Illness: A Framework for Whole-Patient Care (1 CE approved)	Aisha Khorana, M.Ed., PLPC Caylin Cheney, ARNP
10:30-11:00am PST / 1:30-2:00pm EST	Break / Rest Visit Virtual Exhibitors	

Chronic Illness Symposium Agenda - Day 2
Mental Health / Healthcare Provider Track Continued
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TIME	PROGRAM	SPEAKERS
<p>11:00am-noon PST / 2:00-3:00pm EST</p>	<p>When Care Causes Harm: The Impact of Medical Gaslighting and Trauma on Chronic Illness</p> <p>Addressing Caregiver Burnout - A Caregiver Panel</p>	<p>Moderator: Alexandra Wildeson Speakers: Alec Bradbury, FNP-BC, Ilana Jacqueline, Chelsea Kramer, LMFT, PMH-C</p> <p>Moderator: Nichole Goble Speakers: Liz Morasso, LCSW, Barry Jacobs, PsyD, Jacquelyn Revere</p>
<p>Noon-1pm PST / 3-4pm EST</p>	<p>Lunch / Snack / Rest break Visit Virtual Exhibitors Virtual Support Group Meeting</p> <p>Self-Care Session - Rewriting the Body's Story: Writing and Meditation for Chronic Illness Resilience</p>	<p>Speaker: Vincent Bain</p>

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TIME	PROGRAM	SPEAKERS
1:00-2:00pm PST / 4:00-5:00pm EST	Complex Minds and Bodies: When Chronic Illness and Neurodivergence Overlap (1 CE approved)	Speaker: Kerry Heckman, MSW, LICSW
2:00-2:30pm PST / 5:00-5:30pm EST	Break / Rest Visit Virtual Exhibitors	
2:30-3:30pm PST / 5:30-6:30pm EST	Helping Couples Thrive Amidst Chronic Illness (1 CE approved)	Lisa Gray, LMFT
3:30-4:00pm PST / 6:30-7:00pm EST	Symposium Closing	