



Center for Chronic Illness

2020 Annual Report

Mission, Values, Governance, and Staff

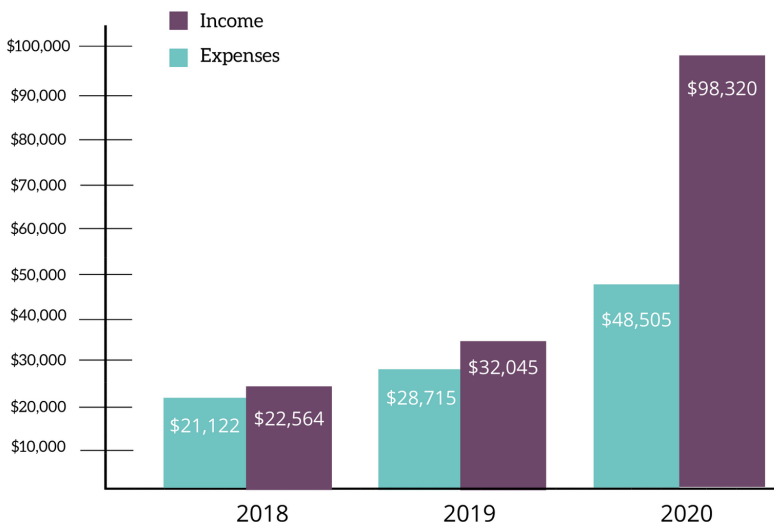
MISSION: The Center for Chronic Illness (CCI) promotes well-being and decreases isolation for those impacted by ongoing health challenges through support and education. CCI offers free, in-person and virtual support groups facilitated by licensed mental health professionals. *During the COVID-19 pandemic, all support groups were held virtually.

VALUES: Compassion, Respect, Empowerment, Inclusion, Community

GOVERNANCE: CCI had eight board members during the 2020 year, including: Adam Halpern, MSW, LICSW, Karan Dawson, RPh, MS, PhD, Ansley Hack, MSW, Alison Ryan, MSN, RN, FNP-C, Shane Larson, CFP, Deepa Yerram, MD, Caroline Kasman, and Nichole Leibov.

STAFF: Allison Fine, MSW, LICSW served as the executive director. Carrie Pope, Bartja Wachtel, Angela Farrar-Small, MSW, LICSW, M.Div., Alicia Sloan, MPH, MSW, LICSW, Natalie Hopkins, MSW, LICSW, and Kerry Heckman, MSW, LICSW were the contracted support group facilitators.

2020 Financial Report and Growth



This year presented innumerable challenges. The COVID-19 pandemic transformed our daily lives in previously unimaginable ways. We are grateful to report that we made it through the 2020 portion of the pandemic intact with unprecedented growth.

In 2020, the Center for Chronic Illness brought in \$98,320 with \$48,505 in expenses. On December 31, 2020, CCI received a \$35,275 corporate donation earmarked for new 2021 rare disease programs. In 2020, CCI also received a \$5,000 grant from the Christopher and Dana Reeve Foundation, a \$6,320 grant from the Paul Glaser Foundation, and a \$1,000 grant from the Awesome Disability Foundation.

Our organization continues to be supported by the community as well as grants, corporate donations, and sponsors. In November 2020, we hosted our first virtual wine and chocolate tasting fundraiser, raising over \$8,000.



Center for Chronic Illness

2020 Support Group Programs

2020 Virtual Support Groups

Free, professionally-facilitated support groups for those impacted by ongoing health challenges

Living with Chronic Illness

4th Wednesday, 6:30-7:30pm (WA state only)
4th Monday, 7-8pm PST (national)

Living Mindfully with Chronic Illness

2nd and 4th Tuesdays, 6-7pm PST (national)

Rare Chronic Illness

1st Tuesday, 4-5pm PST (national)
2nd Friday, 1:30-2:30pm (WA state only)

Parenting Chronic Illness

2nd Monday of each month, 4-5pm PST (national)

Living with Cystinosis

3rd Tuesday, 4-5pm PST (national)

Visit www.supportgroupscentral.com/CCI to sign up for our web-based support groups.

For more information, visit www.thecenterforchronicillness.org or contact us with questions at (425) 296-2705 or info@thecenterforchronicillness.org.

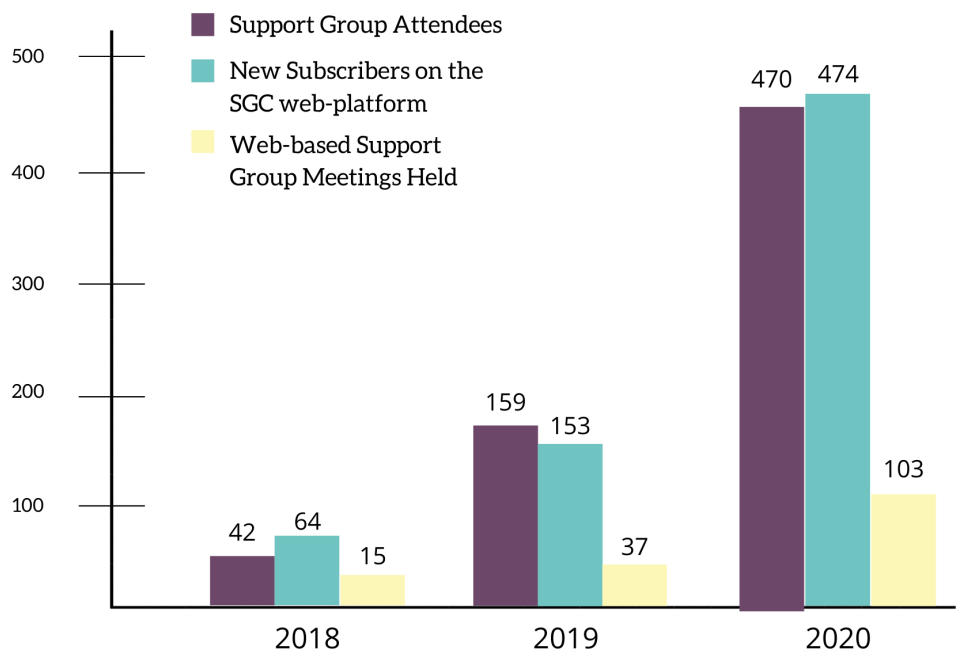


Isolation is a familiar concept for those impacted by chronic illness. Unfortunately, many in our community were at higher risk for complications from COVID-19 and had to stay even more isolated in order to stay safe. We watched our number of program attendees grow exponentially as those in the chronic illness community looked for ways to connect virtually. In 2020, attendees joined our support groups from over 40 states as well as from Canada and the United Kingdom.

At the start of 2020, CCI was offering six in-person and six web-based support groups. In March 2020, things quickly transitioned when the COVID-19 pandemic began, and we shifted all of our programs online. Because we already offered virtual programs on the Support Groups Central web-based platform, this made our virtual transition fairly seamless. We combined our community and Seattle Children's Hospital parenting support groups and created one group online for parents living anywhere to attend. Our two community Living Mindfully groups became a twice monthly national Living Mindfully virtual group.

With the financial uncertainties wrought by the pandemic, we decided not to begin any new programs during the 2020 year.

Support Group Attendance, Web-platform Subscribers, and Meeting Statistics





Thank You to Our 2020 Supporters!

Shelley Ackerman	Jay and Ansley Hack	Heather Parry
Randy Adamson	Richard and Rosanne Hack	Lois and Ron Ralph
Jamil Akram	Jennifer Haddon	Kathryn Rapp
Jennifer Alford	Carrie Hall	Ben and Aisha Reuler
Nicole Bahr	Adam Halpern and Melissa Burgess	Merrill and Francie Ringold
Darren and Amy Baker	Ari Halpern	Peggy Rothman
Simon Balfre	Beth and Elie Halpern	Alison Ryan
LaShunta Banks	Mina Halpern	Janice and Michael Ryan
Hillary Beierle	Uzma Hamid	Kenneth Ryan and Nabila
Sarah Benner	Kathleen Hamilton	Rahman
Jeannie Berwick	Melissa Hammerle	David Schor
Carole and Thomas Brennan	John Hebert	Kristan Seibel
Sheletha Brumfield	Kerry Heckman	Jane Sepede
Meresa Buhler	Nichole Herschler	Mark Sisley
Karen Cartwright	Katie Hester	Susan and Steve Sheppard
Susan Casey	Bernice Imei Hsu	Mahmoud Sourakli
Cathe Clapp	Marianne Ivey	Danielle Starkey
Marissa Costales	Laura Johnson	Kelsey Stefanik-Guizlo
Marilyn Dahl	Jeremy Jake Johnston	Barbara Stuart
Elizabeth Dawson	Glenn Kasman	Mark Terrano
Karan and Jim	Cassady Kintner	Laura Troyani and Norris Kamo
Elena Degel	Matt Leibsohn	Rachel Vala
Mari (Doudna) Lewis	Michael Lemon	Tashonta Vaughn
Debra Drayton	Michael Leccisi	Latasha Vicks
Mae Esteban	Michelle Massey	Kaila Wiebe
Sara and Robert Fine	Patrick Meehan	Kristina Wiebe
Mark Follmer	Andrea Menin	Kathy Wilmering
Dwaine Fombuh	Greg Miller	Scott Wilson
Valerie Frye	Andrea Neal	Shira Wilson
Dylan and Alexis Fuge	Christi and Joel Nichols	Alan Wittenberg
Russell Gammon	Arlys and George Osborne	Deepa Yerram
Mark George	Rebecca Palma	Gitte Zweig

Many thanks also to our anonymous donors, monthly donors, corporate sponsors, grant funders, and community partners!



November 14, 2020 Center for Chronic Illness Virtual Wine and Chocolate Tasting Fundraiser

Top 5 of 2020

1. Successfully combined and transitioned six in-person support groups to virtual meetings
2. Received our largest grant in the history of the organization from the Paul Glaser Foundation \$6,320 and our largest number of grants in one year - three!
3. Increased income from donations, more than doubling funding from 2019
4. Hosted our first virtual fundraiser and largest fundraising event to date and shared some delicious, local wine and chocolate with our community
5. Stayed home and safe, wore our masks, met virtually, and helped to protect our vulnerable community from COVID-19



Center for
Chronic Illness